

DIABETES ACTION PLAN

TO DO:

PRIZE:

| SUN | MON | TUES | WED | THURS | FRI | SAT |
|-------|-------|-------|-------|-------|-------|-------|
| BG 1: | BG 1: | BG 1: | BG 1: | BG 1: | BG 1: | BG 1: |
| BG 2: | BG 2: | BG 2: | BG 2: | BG 2: | BG 2: | BG 2: |
| BG 3: | BG 3: | BG 3: | BG 3: | BG 3: | BG 3: | BG 3: |
| BG 4: | BG 4: | BG 4: | BG 4: | BG 4: | BG 4: | BG 4: |
| BG 5: | BG 5: | BG 5: | BG 5: | BG 5: | BG 5: | BG 5: |