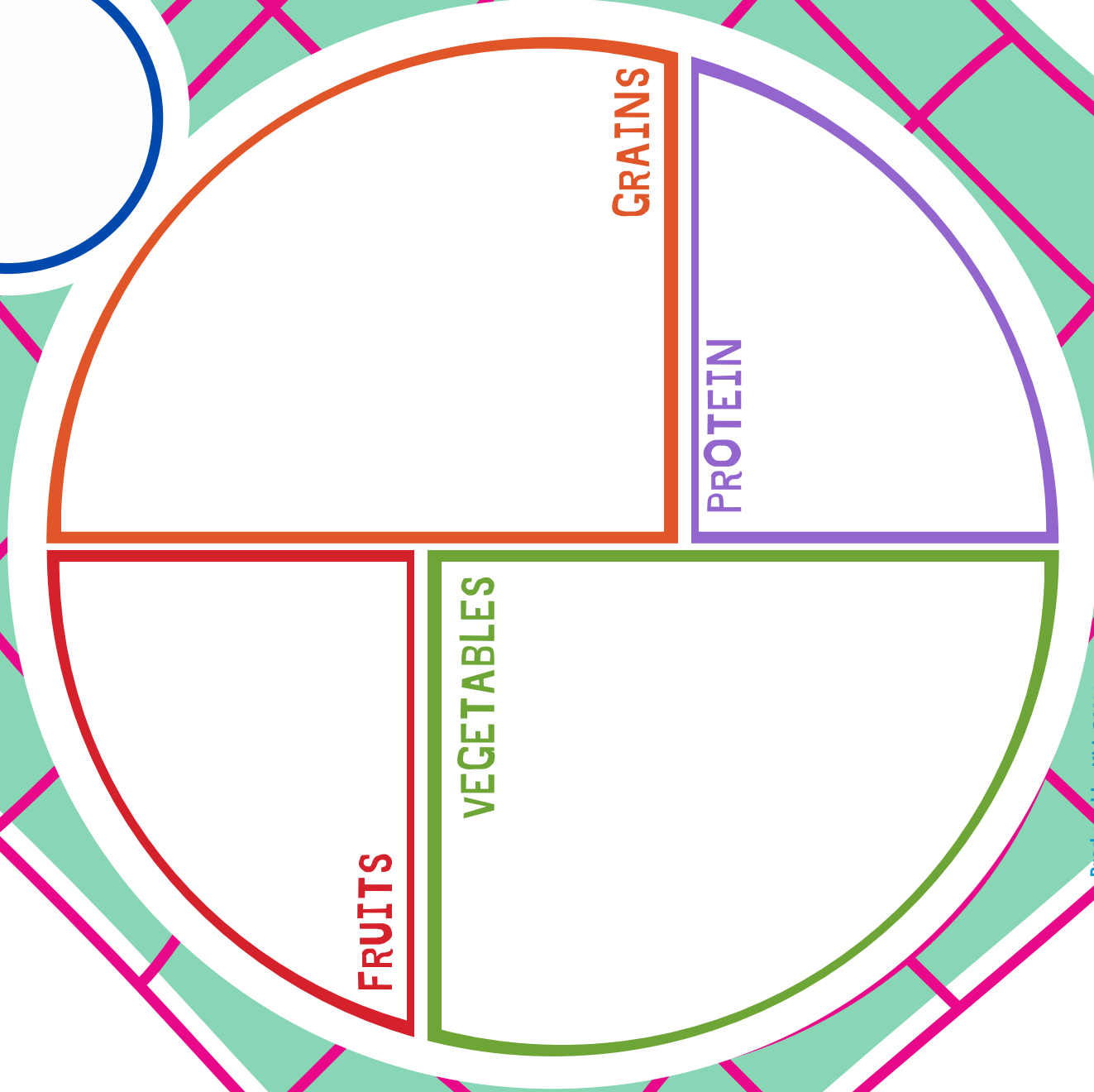


**Draw what you have
on your dinner plate**

DAIRY



FRUITS

VEGETABLES

GRAINS

PROTEIN